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The Recognition Sutras: illuminating a spiritual masterpiece

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The great splendour of painting

Actor Paul Giamatti debuted in the world of superheroes in 2014's The Amazing Spider-Man 2 (though starred in the adaptation of the comic book series

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American Splendor in 2003) and, while there ...

Amazing Spider-Man Actor on Not Returning to MCU: "It's Fine With Me"

When my dear companion Cecil purloined a pair of tickets to the premiere of Rockwell: Triple Portrait of a Man starring Daniel Day-Lewis, I was ...

I'm Trapped in This Standing Ovation at Cannes and There's No End in Sight

Ambassadors and High Commissioners of several countries met the new Finance Minister Basil Rajapaksa. The Ministry of Finance announced that the meeting was held at the Ministry today (14). This is ...

Ambassadors from several countries meet the finance minister

Hundreds of animators and digital artists rendered layers upon layers of images meant to provide visual splendor and provoke slapstick ... visual recreations to point at in numb recognition of what ...

Space Jam: A New Legacy Review: What the dunk are we doing here?

Johnny Miller for The New York Times. Food Stylist: Susan Spungen. Later, my appreciation of grilled oysters was cemented at Cristiano Ristorante in Houma, La., where I watched as the chef Lindsay ...

The Understated Splendor of Grilled Oysters

THE owner of the Hotel Los Monteros in Marbella, Judas Azuelos, has died. The Moroccan businessman who bought the Hotel Los Monteros in Marbella in 2010 ...

Judas Azuelos, owner of the Hotel Los Monteros in Marbella, dies

A Modernist home buried in bushland on the Northern Beaches of Sydney is up for sale (and living rent-free in our heads!).

This Vast 1960s Dream Home Is A Bushland Paradise

Durham University's Brutalist student union building has been listed following a four-year campaign, effectively scuppering plans to demolish the waterside gem ...

At last: Dunelm House finally awarded Grade II listing

Every big tournament has something unique about it, as did Euro 2020, which actually took place in 2021 because of the global pandemic. Here are some of the key takeaways from the mega-event.

Euro 2020: Italy's sublime football, Denmark's heroic display and other memorable moments

The quote reads: "In my parents' home I inhaled the human spirit, absorbed the Jabotinsky splendor and the Jewish ... a special artist with international

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recognition," he said of Landau.

President Rivlin's statue unveiled in the President's Residence garden

Save 84% off the newsstand price! For nearly a decade, amateur photographer Tsuneaki Hiramatsu spent his summer evenings in the forests outside Niimi, in Japan's Okayama prefecture. He was ...

The Beautiful Flight Paths of Fireflies

Obama lays the scene - the splendor of the Old Senate Chamber ... But Obama's life, his work, his candidacy, all imply more than mere recognition, or even acceptance, of the tensions and the ...

Michael Chabon and Ayelet Waldman

In a mega ceremony with pomp and splendor in Georgia's capital Tbilisi ... and I do want on their behalf to really convey our appreciation." The country has a number of investments in ...

Martyrdom of St Queen Ketevan is a story of courage: EAM Jaishankar

Wai Lana leads viewers on a mesmerizing adventure exploring the splendor of expansive deserts ... She Speaks Sign Language fosters an appreciation of our dependence on Mother Earth and provides ...

Yoga Icon Wai Lana Promotes Environmental Stewardship with New "She Speaks Sign Language" Music Video

Wai Lana leads viewers on a mesmerizing adventure exploring the splendor of expansive deserts ... She Speaks Sign Language fosters an appreciation of our dependence on Mother Earth and provides a ...

Unique in its combination of scriptural erudition and experiential wisdom, this book makes accessible the true philosophy of Tantra and Kashmir Shaivism for dedicated students of yoga and Eastern philosophy.

One thousand years ago, in the valley of Kashmir, a great Tantric master named Kshemaraja wrote his masterpiece: the Pratyabhijnahridayam, which means "The Essence of the Recognition Philosophy". This text was a concise primer, written to introduce spiritual seekers to the Recognition philosophy in less formally philosophical, more approachable language. What Kshemaraja created turned out to be one of the world's great spiritual masterpieces, breathtaking in its brevity but stunning in its power. It came to be considered equivalent to scripture itself by later generations, because of its undeniable inspiration. This book expounds the subtleties of this spiritual and philosophical classic. One of the most powerful and revelatory spiritual masterpieces of world history, the Pratyabhijnahridayam is one of the primary sources for the study and practice of nondual Tantrik Yoga, and it has never been accurately translated or fully explained until now.

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A riveting and powerful story of an unforgiving time, an unlikely friendship and an indestructible love

Kashmir Shaivism is the study of consciousness. Consciousness is the most intimate experience of life the essence of life itself. Among the many spiritual traditions born and developed in India, one ancient philosophy-Kashmir Shaivism-has explored it completely. Consciousness is the most intimate experience of life, the essence of life itself. Among the many spiritual traditions born and developed in India, one ancient philosophy-Kashmir Shaivism-has explored it completely. Until now, Kashmir Shaivism was an esoteric field accessible only to a few scholars and other specialists. Here, for the first time, Swami Shankarananda, a Self-realised spiritual master, presents the wisdom of this powerful tradition in a form that will delight and inspire all spiritual seekers. He explores the teachings in rich detail, elucidating ideas and meditative practices while drawing upon a vast canvas of many great beings, wisdom traditions and personal experience. When Kashmir Shaivism is studied the way a subject at university is studied, it becomes a set of principles and concepts, which are rich and suggestive. But Kashmir Shaivism is not only food for the intellect. It also implies direct nurturance of the soul, the direct experience of consciousness itself. The goal of this book is to inspire spiritual seekers to make sure of the sublime methods and understandings of Shaivism in their own practice. The Yoga of Kashmir Shaivism is a book that will transform you. It is a resource and guides you towards investigating and deepening your own consciousness.

Pratyabhijñahridayam, non-dual yoga and meditation teacher Joan Ruvinsky offers up a beautifully illustrated interpretive translation of one of the foundational texts of Kashmiri Shaivism -- twenty short verses that address fundamental and universal questions. Part poetry, part guidebook, part art, it conveys the richness and incandescence so characteristic of the lineage without losing sight of the last 400 years of philosophical inquiry, spiritual revelation, and scholarship. In the footsteps of the Tantric masters of the medieval period -- who were not only great yogis but also accomplished scholars, poets, musicians -- Ruvinsky embraces the body, mind, and senses as pathways to enlightenment. In her distinctly poetic and down-to-earth fashion Ruvinsky reminds us to live directly, moment to moment, in the mystery. You already have what you need. She intones, All contemplations are valid. There are no right answers, no dead ends, only pathways in the infinite.

#1 NEW YORK TIMES BESTSELLER □ ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist□books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of I Am the Messenger, has given us one of the most enduring stories of our time. □The kind of book that can be life-changing.□ □The New York Times □Deserves a place on the same shelf with The Diary of a Young Girl by

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Anne Frank. □ □USA Today DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.

The classic, magnificent bestselling novel about Richard III, now in a special thirtieth anniversary edition with a new preface by the author In this triumphant combination of scholarship and storytelling, Sharon Kay Penman redeems Richard III—vilified as the bitter, twisted, scheming hunchback who murdered his nephews, the princes in the Tower—from his maligned place in history. Born into the treacherous courts of fifteenth-century England, in the midst of what history has called The War of the Roses, Richard was raised in the shadow of his charismatic brother, King Edward IV. Loyal to his friends and passionately in love with the one woman who was denied him, Richard emerges as a gifted man far more sinned against than sinning. With revisions throughout and a new author's preface discussing the astonishing discovery of Richard's remains five centuries after his death, Sharon Kay Penman's brilliant classic is more powerful and glorious than ever.

The essence of this eloquent Tantric scripture, written in the eleventh century by Kshemaraja, is brought to life by Swami Khecaranatha's in-depth commentary. His explanation of this powerful text reveals not only its philosophical meaning but the relevance of its ancient words to the modern reader's life and spiritual practice. Khecaranatha explores the wisdom and practices embedded in the sutras and how to apply them to one's own sadhana. Throughout the book, Khecaranatha reiterates his central message: Our own heart is where we recognize the highest truth in life, which is that we are an individuated expression of the Divine. He illuminates the Tantric exposition of how manifest life arose from Supreme Consciousness, how that Divinity gave birth to us, and the choice each of us has to discover and permanently experience our own connection with our Source. With a mastery etched from four decades of disciplined inner practice and selfless service, Swami Khecaranatha is an authentic adept and recognized carrier of Tantric Shaivism in the Shaktipat Lineage of Bhagavan Nityananda and Swami Rudrananda. In 2002 he took vows of sannyas, formally committing his life to teaching and serving unconditionally. Khecaranatha's ability to transmit a living spiritual force and to elucidate ancient Eastern teachings offers practitioners the extraordinary possibility of making contact with the highest consciousness within themselves. Reflecting a profound depth of insight into spiritual freedom, Khecaranatha is a living embodiment of the Tantric understanding that all of life is one vibrant expression and celebration of Divine Consciousness. He is the author of several books on Kundalini Yoga and Tantric Shaivism, including *Depth Over Time* and *Merging With the Divine, One Day at a Time*. Swami Khecaranatha currently resides in Berkeley, California, where he serves as the spiritual leader of Trika Shala, his Kundalini meditation center. "Swami Khecaranatha's teachings coincide with the Trika school of Shaivism. He has attained a deep understanding of the teachings of Anuttara Trika through the transmission of his teachers, a lifetime of practice, profound personal experience, and selfless service." --Mark Dyczkowski, one of the world's foremost authorities on Kashmiri Shaivism

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