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service ~~Disassembly and Service~~

~~of a Cannondale Lefty 110~~

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Problem Cannondale DLR80  
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Trigger broken Cannondale Lefty  
in action lefty Hub to Quick  
Release Adapter The Absolute  
Lightest, Stiffest, Most Sensitive  
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Cannondale Lefty Speed DLR  
carbon -

Are Lefty  
Forks Really Strong Enough? |  
Ask GMBN Tech Ep.25  
Cannondale Lefty Helicoil Thread

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Lefty (2011-2012) Speed 100mm  
29er 100mm, 90mm Ultra 120mm  
Max 140mm. Owner's Manual

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~~Owner's Manuals - Lefty -~~

~~Cannondale Bicycle Corporation~~

~~Full Service (Telescope Rebuild +~~

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## Cannondale Lefty Rebuild

Damper service) 200 hours 100  
Hours Headshok Service Center  
SCHEDULE PROFESSIONAL FORK  
SERVICE ANNUALLY (minimum)  
Annually, or when problems are  
indicated you must have your  
LEFTY serviced through a  
Cannondale Dealer or an

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Authorized Headshok Service  
Center. Disassembly and  
inspection

~~OWNER ' S MANUAL  
SUPPLEMENT 2016 LEFTYT~~

I e-mailed Cannondale to find out if  
they had any instructions for a

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Lefty rebuild and bearing reassemble, and their reply: looked into this for you and unfortunately at this time we do not have a manual and/or detailed instructions on replacing the O-ring seals on the Lefty Max 140 cartridges.

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~~Lefty Max Rebuild illustrated-  
Mtbr.com~~

Most Cannondale Lefty (and Headshock Fatty) fork owners are terrified to service the thing and we can ' t blame them. After all, the Lefty ' s amazing performance and

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**R**igidity is due partly to the 88 needle bearings (sets of 22 sandwiched between 4 races) that assure the internals slide stiction-free inside the stanchion tube.

~~How To Service Cannondale's  
Lefty Fork — Mountain Bike ...~~



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Lefty speed dlr2 & sl Owner ' s  
Manual Supplement 120025.PDF

READ THIS MANUAL

CAREFULLY! It contains

important safety information. Keep  
it for future reference. ...

Cannondale Owner ' s Manual

Supplements provide important

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~~Guide~~ specific safety,  
maintenance, and technical  
information.

~~120025-07 Lefty Speed OMS rev1  
—eighty-aid.com~~

The axle spindles on the Lefty  
ELO and DLR are titanium for the

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Ultimate in light weight and strength. The spindle on the Lefty M is cast stainless steel for durability and corrosion resistance. Your HeadShok equipped Cannondale bicycle should have included both a standard owner ' s manual and this

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~~HEADSHOK LEFTY OWNER 'S  
MANUAL — eighty aid.com~~

Original Cannondale 100 hour  
service kit for all Lefty 2.0 forks  
with 2Spring air piston kits. Kit  
includes a variety of air seals,

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Guide Schrader air valve, and c-clips.

This kit only has enough of the correct parts to do one model fork one time.

~~Lefty/Headshok Damper + Air  
Seal Kits +  
CannondaleExperts.com~~

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Bicycle Corporation~~

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Does anybody have some service instructions (manual or video) for Lefty 2.0 damper service ? ... here is the video from cannondale on the lefty 2.0 - 100 hour service:  
Ron 07-09-2016 #6. cdalemaniac.  
Ridin' dirty! Reputation: Join Date Jun 2007 Posts 2,058. Dang!

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Those hybrid leftys look like they are a biotch to maintain compared to the "old ...

~~Lefty 2.0 damper service instructions - Mtbr.com~~

(next page). 3. Position the Lefty clamps onto the headtube as



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**Guide** 4. Insert Cannondale specific tool KT020/ through the bottom clamp, into the head tube, and out the upper clamp. 5. Make sure the plastic ring (6) is on the stem. Page 23 120025.PDF SIZE H-BAR DIA. DATE LENGTH ANGLE O-Ring (lubricate) Stem

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Handlebar clamp Clamp boltsr ...

~~CANNONDALE LEFTY SPEED  
DLR2 OWNER'S MANUAL  
SUPPLEMENT Pdf ...~~

Manual Lock Out Indexed Rebound  
Adjustment Integrated “ Air-On-  
Bottom ” Air Spring. Lefty Speed

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Carbon DLR2 Carbon Outer Tube  
w/ Alloy Inner Tube & Spindle  
110mm of Travel Cartridge Style  
Oil Damper Manual Lock Out  
Indexed Rebound Adjustment.  
Integrated “ Air-On-Bottom ” Air  
Spring. Lefty Speed DLR2 Alloy  
Outer Tube w/ Alloy Inner Tube ...

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~~Head Shok and Lefty Information |  
VintageCannondale.com~~

A how to tutorial on servicing your lefty fork. These Cannondale forks perform at a high level but require an occasional reset. Tools You'll Need: Shimano bo...

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~~How to Easily Reset Cannondale  
lefty Fork - MTB Tutorial ...~~

owner ' s manual for the specific  
Lefty fork model MUST match  
those of the frame. A mis-match  
between a Lefty fork and a frame  
can lead to failure of the frame or

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Guide  
Lefty fork. Such a failure can lead to a loss of control, with the risk of serious injury or death to the rider. If you have any questions consult a Cannondale Dealer or professional bike

~~Lefty Oliver - Cannondale Bicycle~~

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LEFTY SUPERMAX 2.0 OWNER ' S  
MANUAL SUPPLEMENT. 2 1  
131581.PDF LEFTY SUPERMAX  
2.0T ... Cannondale Owner ' s  
Manual Supplements provide  
important model specific safety,  
maintenance, and technical

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information. ...

- Do not attempt to repair damage.
- Do not weld, clamp, or bond anything to the fork.

~~OWNER ' S MANUAL  
SUPPLEMENT LEFTY  
SUPERMAX 2~~



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Cannondale Lefty Damper

Cartridge PBR 120 140 29er -

KH062 Original Cannondale

Damper Cartridge for XLR Lefty

120, 140, or 29er. Is also

backwards compatible with older

Lefty Max. Kit Includes: One

Damper Cartridge Lefty Metric

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Race Clip (KF119) Also Requires:  
Collar - Alloy (KH064), Carbon  
(KH063) Correct Solo Air...

~~Lefty/Headshok Damper  
Cartridges Complete ...~~

Cannondale Bicycle Owner's  
Manual. Cannondale Bicycle

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Owner's Manual - View PDF;

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Bicycle Owner's Manual ...

~~Owner's Manuals - Mountain -~~

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a Cannondale or HeadShok dealer.

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### HEADSET BEARINGS: All

Lefty™ forks and all other forks which come with the new lightweight HeadShok stem (which can be identified by its two clamp bolts) use a secondary black rubber seal on top of the top headset bearing. For the Lefty fork

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~~Guide~~ seal goes below the top clamp, against the headset bearing. Single

~~108397 - 2000 Headshok~~

~~Suspension Fork Owner's Manual~~

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Suspension Bicycle Forks when  
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